



PRESENTS

NURTURE RIGHT

LIVES WORTH TELLING

Biographies, ideals, and the stories parents must dare to share with their adolescents

WHAT YOU'LL WALK AWAY WITH

*You're already your child's storyteller.
This session gives you the **craft** —
and the **clinical judgment** — to make
it count.*



- Stories that shape a life

Turn biographies, ideals, and real lives into a compass your teen can grow toward.

- A future worth walking toward

Help your teen meet tomorrow with hope, and lead with their real strengths.



- Sharing your own story – wisely.

What you MUST share and what you MUST NOT with your children – learn to draw a line between honesty that builds trust and disclosure that burdens.

- Raised to collaborate – not just compete

An outlook of partnership with the world – resilience over rivalry, connection over isolation.

Come with your questions. The final 30 minutes are a live, vibrant Q&A – real situations, real answers.

FOR REGISTRATION

Contact: +91- 8657389785 (Whatsapp)

Registration link at www.aparaindia.org

Registration closes on 25th September at 5:00 PM



FACILITATOR

Suchitra Inamdar

Psychotherapist,
Director, APARA

WHO CAN ATTEND

Parents of children between 13– 18 years

WHEN & WHERE

Date: 26th September 2026,
Time: Saturday
Venue: 4:00 PM – 6:00 PM
Online (Zoom)

SESSION FEES

INR 500/-

FOR REGISTRATION

Contact : +91- 8657389785 (Whatsapp)

Registration link at www.aparaindia.org

Registration closes on 25th September at 5:00 PM