



Presents

**Nurture Right...
Raise them in Stories
Reach them in Conversation**



Block your dates for

July - August - September

Session on Zoom

Contact APARA at +91 86573 89785

www.aparaindia.org



Nurture Right...



Topic

Once upon a time....
Stories, images and analogies as your first
parenting tools

Facilitator

Dr Aparna Kapoor
Psychotherapist
Waldorf Early Childhood Educator

Who can attend?

Parents of children between 0-6 years

Date and Time?

25th July, 4-6pm



Nurture Right...



Topic

Preparing for the voyage-
Skills, stories and companions for the
journey ahead

Facilitator

Ms Parimal Pandit
Psychotherapist
Director, APARA

Who can attend?

Parents of children between 7-12 years

Date and Time?

22nd August, 4-6pm



Nurture Right...



Topic

Lives worth telling-
Biographies, ideals and stories parents
must dare to share with their adolescents

Facilitator

Ms Suchitra Inamdar
Psychotherapist
Director, APARA

Who can attend?

Parents of children between 13-18 years

Date and Time?

26th Sep, 4-6pm