

APARA

INDIA

Anthroposophic Psychology
And Research Association

CLOSURE 2024

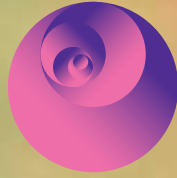
4th International Online Conference On Trauma

"Development in the first three septennials-
The role of art towards preventive mental health"

Conference Dates – April 19, 20, 21

Time – 2.00 pm to 6.00 pm IST

A ZOOM link will be sent to registered participants by
the 15th of April by email.



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Art, aesthetics and beauty in any form are foundational to the development of self-knowledge, self-regulation and morality.

In the future, human health will depend more and more on the efficiency with which we can make this happen in early human development and art education or education through art will play a huge role since art is an essential element of life itself.

This year, at CLOSURE, we explore the depths of the varied experiential artistic mediums and their significant influence on the first three septennials i.e. 0 to 21 years of human development



WWW.APARAINDIA.ORG

Presenters



Importance of arts in adolescent education and development

VAN JAMES

Artist, Art Educator, Author



Guiding parents and therapists to children's needs

DR HARTMUT .G. HORN

Psychotherapist, paediatrician,
School-doctor and School-psychotherapist



Art therapy for young adults

VANASHREE GHATE

Arts based Therapist,
Director H.E.A.L Foundation



Learning cognitive, emotional, social skills through art

DISHA TRIVEDI

Art therapist,
Art Programs - Development, Design



A place for wonder

ISHA TALSANIYA

Head, Center of Excellence,
Bright Balgokulam Foundation.



Mental health and art as an attitude

SUCHITRA INAMDAR

Psychotherapist,
Director, APARA India



Doll making and early childhood

PRITI MISRA

Waldorf Early Childhood Educator, Trainer



Significance of arts in early childhood

ZENOBIA NANKANI

Art Therapist, Anthroposophic Counsellor,
and Somatic Intelligence Practitioner



Presenters



Reclaiming self - A healing journey for parents through group work

PARIMAL PANDIT

Psychotherapist,
Director, APARA India



Art and special education

JAYSHREE RAO

Education Therapist



The healing nature of arts

PUJA BHALLA

Psychologist, Counsellor



Words to the power of me

PRAVEENA SHIVRAM

Independent writer, Editor



Resilience through art

JENNIFER CLEMENS

Psychiatrist with specialisation in
Psychosomatic Medicine,
Psychotherapist for adults



Resilience through beauty, a core strength to rise above the trauma

LEILA TAYABELY

Artist, Entrepreneur, Art Therapist,
and Screenwriter





WHO CAN ATTEND?

- Psychologists
- Educators
- Biography Practitioners
- Artists
- Art Therapists
- Life Coaches
- Anthroposorphic Professionals
- Occupational Therapists
- Special Educators
- Rehabilitation Therapists
- External Therapists

Recording will be available
for all participants (Limited Time Period)

Platform for conference : Zoom

Contact Details : APARA (Ms. Leena Kasat)

on

☎ +91 8657389785

✉ contact@aparaindia.org

Visit

www.aparaindia.org for registration and other details