

The 'I' in 'We'

A workshop for Relationship Management.

Today's times have brought many complexities and confusions in relationships. Discover newer dimensions of the 'I' interacting and creating the 'We'.

- An interactive workshop with scientific, psychological tools to understand relationship patterns.
- Learn exercises to discover and work on unhealthy patterns in relationships.
- Learn practical tools to create right boundaries in enmeshed relationships.



In person workshop for Chennai Residents.

People outside Chennai can attend it Virtually.

Rs. 1900/-

21st Aug 2022,
Sunday
9.30 AM to 4.30 PM

Venue: Shiva sundar
Villa, Injambakkam,
Chennai