

## CLOSURE 2022

### AN ANTHROPOSOPHIC PERSPECTIVE ON HEALING TRAUMA

#### Day 1 – June 3, 2022 (Friday)

Time	Speakers
9.00 am - 9.15 am	Invocation Ceremony Welcome Introduction to APARA Glimpse of Day 1
9.15 am – 10.30 am	<b>Guest Speaker: Dr. John P. John</b> Subject - DSM 5 In Indian Setting  <b>Abstract Presentation:</b> Saiyami Juvekar Mital Thakker Dr Aparna Kapoor Rema Giridhar
10.30 am – 10.45 am	<b>Tea Break</b>
10.45 am – 12.00 pm	<b>Guest Speaker: David Tresemer</b> Subject - DSM V From Anthroposophical Lens  <b>Abstract Presentation:</b> Sashank Nyayapati Rashmi Malhotra Samindara Sawant
12.00 pm - 2.00 pm	<b>Lunch Break</b>
2.00 pm – 3.15 pm	Anthroposophic Exercises by Ad Dekkers
3.15 pm – 3.30 pm	<b>Tea Break</b>
3.30 pm – 4.45 pm	<b>Guest Speaker: Henriette Dekkers</b> Subject - Healing Gerontological Trauma
4.45 pm – 5.00 pm	Plenum

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### AN ANTHROPOSOPHIC PERSPECTIVE ON HEALING TRAUMA

Day 2 – June 4, 2022 (Saturday)

Time	Speakers
9.00 am - 9.15 am	Invocation Ceremony Welcome Introduction to APARA Glimpse of Day 2
9.15 am – 10.30 am	<b>Guest Speaker: Dr Radheshyam Jadhav</b> Subject - Social Research Perspective On Survivors Of Farmer's Suicide  <b>Abstract Presentation:</b> Lohith Rishabh Murthy Nilesh Balasu Rupa Chaubal
10.30 am – 10.45 am	<b>Tea Break</b>
10.45 am – 12.00 pm	<b>Guest Speaker: Dr Wahida Murthy</b> Subject - Trauma And Middle Age Women's Health  <b>Presentation:</b> Suchitra Inamdar Subject - Trauma and it's impact on Women's psychological health
12.00 pm - 2.00 pm	<b>Lunch Break</b>
2.00 pm – 3.15 pm	Anthroposophic Exercises by Ad Dekkers
3.15 pm – 3.30 pm	<b>Tea Break</b>
3.30 pm – 4.20 pm	<b>Guest Speaker: Dr. Sridhar Reddy</b> Subject - Healing Trauma - Role of Body Therapies
4.20 pm – 4.45 pm	<b>Guest Speaker: Dr. Sanjay Ranade</b> Subject - Qualitative Research
4.45 pm – 5.00 pm	Plenum

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### AN ANTHROPOSOPHIC PERSPECTIVE ON HEALING TRAUMA

Day 3 – June 5, 2022 (Sunday)

Time	Speakers
9.00 am - 9.15 am	Invocation Ceremony Welcome Introduction to APARA Glimpse of Day 3
9.15 am – 10.30 am	<b>Guest Speaker: Dr Sanjay Phadke</b> Subject - Neurobiological Aspects Of Trauma  <b>Abstract Presentation: Zenobia Nankani</b> Jayshree Rao
10.30 am – 10.45 am	<b>Tea Break</b>
10.45 am – 12.00 pm	<b>Guest Speaker: Dr Simon Kuttner</b> Subject - Why Trauma is “ Traumatic”  <b>Presentation: Parimal Pandit</b> Subject - Healing Trauma in Children
12.00 pm - 2.00 pm	<b>Lunch Break</b>
2.00 pm – 3.15 pm	Anthroposophic Exercises by Ad Dekkers
3.15 pm – 3.30 pm	<b>Tea Break</b>
3.30 pm – 4.45 pm	Reflections, Q&A and discussions, harvesting the 3 days.
4.45 pm – 5.00 pm	Plenum